



# Annual Newsletter 2022

welcome  
TO THE  
TEAM

## **NEW! Physician's Assistant - Amanda Lamanna**



Amanda is a licensed and board certified Physician Assistant by the NCCPA. During her undergraduate studies, she was awarded the Presidential Scholarship. Amanda received a Bachelor of Arts in Biology and graduated cum laude from Ottawa University in Phoenix. Amanda went on to receive her Masters in Science of Physician Assistant studies from A. T. Still University and became board certified in August 2011. She is also a member of the Society of Dermatology Physician Assistants.

In her freetime Amanda enjoys spending time with her family. She enjoys traveling, yoga, dance, hiking and all things Disney.



FRIENDLY  
REMINDER



Get scheduled for your skin exam  
and check it off the list!

Keep your skin Happy and Healthy in  
2022.

## What is Hair Loss?



Hair loss is one of the most common disorders that dermatologists diagnose and treat, the medical term is alopecia.

### **Causes of Hair Loss:**

- Age
- Childbirth, illness, or other stressors
- Hair care
- Hormonal imbalance
- Medication
- Thyroid disease

### **Early Signs of Hair Loss:**

- Gradual thinning of the hair on your head

- Bald spot that grows slowly
- Receding hairline that becomes more visible with each passing year
- Widening part
- Thinner ponytail

## When do dermatologists recommend treatment for hair loss?

While your hair may regrow on its own, your dermatologist may recommend treatment to help it grow more quickly. Sometimes, treatment is essential to prevent further hair loss.

### Treatment Options:

- Minoxidil (Rogaine)
- Microneedling
- Injections of corticosteroids
- Hair transplant
- Laser therapy
- Platelet-rich plasma (PRP)
- Prescription medication
- Finasteride (Propecia)

# TYPES OF ALOPECIA

Androgenic Alopecia

Alopecia Areata

Traction Alopecia

Telogen Alopecia

Anagen Alopecia



HEREDITY  
HORMONAL DISBALANCE



IMMUNE BREAKING



MECHANICAL DAMAGE  
THERMAL IMPACT



STRESS  
CHILDBIRTH



RADIATION THERAPY  
CHEMOTHERAPY

## Healthy Glow Skin Store

Healthy Glow Skin Store is committed to bringing top of the line skin care products as well as excellent customer service. Feel free to check out all the skin care and make up products they offer on their website from Obagi® to Jane Iredale!

[Healthy Glow Skin Store](#)

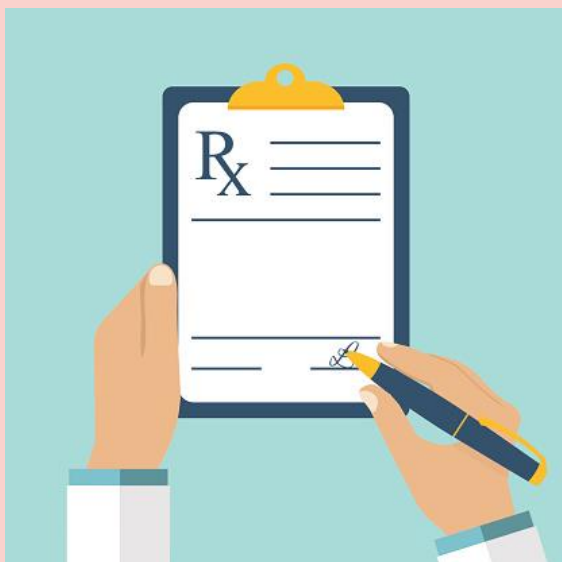
HEALTHY GLOW  
SKIN STORE



**Check out Health Glow Skin Store for all your skin care needs!**



## **East Valley Dermatology Rx Corner**



Ask your Dermatologist today to see if your prescriptions are available to fill before you leave the office.

- Use your prescription benefits and save yourself the drive elsewhere
- Lower cost options available
- Ask about a cost comparison before purchasing
- Remember to bring in your prescription insurance card to your next appointment.

### Prescription desk hours:

Mon 7:30am-12:00pm & 12:45pm-5:30pm  
Tues 7:30am-12:00pm & 12:45pm-5:30pm  
Wed 7:30am-12:00pm & 12:45pm-5:00pm  
Thur 7:30am-12:00pm & 12:45pm-5:00pm  
Fri 7:30am-11:30am & 12:15pm-4:00pm

## **Valley Skin Cancer Surgery**



**Dr. Katherine Lim Quan, MD**



**Dr. Jill McKenzie, MD**

Conveniently located within East Valley Dermatology Center Valley Skin Cancer Surgery provides Mohs Micrographic Surgery which has the highest success rate of all treatments for skin cancer. Ask your Dermatologist if Mohs surgery is right for you and contact us at 480-214-0388.

Learn more about Valley Skin Cancer Surgery and Mohs at [www.vscsaz.com](http://www.vscsaz.com)

Follow us on [Facebook](#) and [Instagram](#)!



## Dermatology Pun by Eric Per1in



Sincerely,

**Rosemary Geary, MD, Ryan Falsey, MD PhD, Michelle Jeffries, DO, Tamara Casillas, FNP-C, Julie Silver, PA-C, Yuliya Schoenling, PA-C, Sara Pickett, PA-C, Ruth Ireland, FNP-C, Cassandra Shore, PA-C, Wendy Ridenour, PA-C**

East Valley Dermatology Center  
1100 S Dobson Rd #223, Chandler, AZ 85286  
[www.evderm.com](http://www.evderm.com)  
ph 480-821-8888 fax 480-821-0888

**Katherine Lim Quan, MD and Jill McKenzie, MD**

Valley Skin Cancer Surgery  
1100 S Dobson Rd #223, Chandler, AZ 85286  
[www.vscsaz.com](http://www.vscsaz.com)  
ph 480-214-0388 fax 480-821-0888

East Valley Dermatology Center | [Website](#)

