

East Valley Dermatology Center



NEWSLETTER Issue: 12 Quarter 3 / 2017



Darsi Hart, Aesthetician

East Valley Aesthetics is a medically oriented skin care center under the guidance of Dr. Rosemary Geary at East Valley Dermatology Center.

Congratulations to our Aesthetician, Darsi Hart, who is celebrating her 10th year with our practice!

Darsi provides advanced skin care in a professional and caring environment. She is a Licensed Medical Aesthetician and Certified Laser Technician. Her expertise includes the following services:

- **Fraxel Laser**
- **Intense Pulse Light Therapy**
- **Chemical Peels**

- **Permanent Hair Reduction**
- **Microneedling with MicroPen**
- **Dermaplaning**
- **Jane Iredale Color Matching**
- **Excimer Laser**
- **Blue Light Therapy**

Darsi also carries the PCA Skin line available for purchase

**Darsi looks forward to meeting your skin care needs.
Call the office today to schedule your consultation!**

What your Dermatologist wants you to know about Vitamin D

As we age, our skin doesn't produce Vitamin D as well as it used to, so we must supplement it in order to avoid the downfalls of deficiencies. Many of us know that sunlight promotes Vitamin D production but it can come at a price of skin cancer and increased damage to the skin. There is no known safe level of unprotected sun exposure but it is a known fact that increased UV exposure to the sun or indoor tanning devices can cause skin cancer. It is recommended that Vitamin D be obtained from a healthy diet of Vitamin D enriched foods/drinks and/or Vitamin D supplements. Discuss with your physician the amount of Vitamin D that is right for you and your health.



Foods that provide Vitamin D include: Fatty fish like tuna and salmon, cheese, egg yolks and foods that are fortified with Vitamin D like some dairy products, orange juice, soy milk and cereals.

What is a Nurse Practitioner and Physician Assistant?

East Valley Dermatology Center is home to 2 nationally certified Nurse Practitioners and 5 licensed and board certified Physician Assistants that have over 77 combined years of dermatology experience. They each bring their knowledge and passion of dermatology to provide the best experience to their patients. Our practitioners can provide full dermatological care including full body skin exams, diagnosis and treatment of skin cancers, hair and nail disorders, acne, warts and cosmetic treatments including Botox and dermal fillers.

Nurse Practitioner

A Nurse Practitioner (NP) is a registered nurse (RN) who has completed advanced education (a minimum of a master's degree) and training in the diagnosis and management of common medical conditions, including chronic illnesses. Nurse

practitioners provide a broad range of health care services. They provide some of the same care provided by physicians and maintain close working relationships with physicians. A NP can serve as a patient's regular health care provider.

Physician Assistant

A Physician Assistant (PA) is a licensed health professional who practices medicine under the supervision of a physician. PA's undergo intensive education enabling them to provide primary and specialty care ranging from physical exams to diagnostic tests, procedures, and prescribing medical treatments. The PA becomes certified after passing a national board examination.

Call today to schedule an appointment with one of our Nurse Practitioners or Physician Assistants and allow them the opportunity to take care of your dermatology needs.



Ask your provider today if your dermatology prescriptions are available in-office!

- **Fast, Easy & Convenient**
- **Processed through your Insurance**
- **Competitive rates**



Dr. Lim Quan

Valley Skin Cancer Surgery

**Conveniently located within
East Valley Dermatology Center**

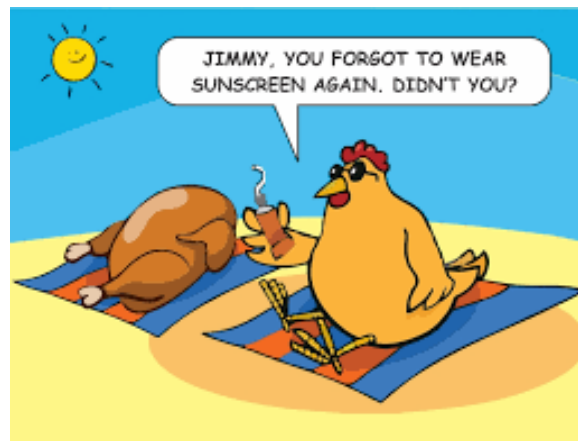


Dr. McKenzie

Valley Skin Cancer Surgery provides Mohs Micrographic Surgery which has the highest success rate of all treatments for skin cancer. Ask your Dermatologist if Mohs surgery is right for you and contact us at 480-214-0388.

**Learn more about Valley Skin Cancer Surgery and Mohs at
www.vscsaz.com**





Sincerely,

**Rosemary Geary, MD, Ryan Falsey, MD PhD,
Michelle Jeffries, DO, Tamara Casillas, FNP-C, Julie Silver, PA-C,
Yuliya Schoenling, PA-C, Sara Pickett, PA-C, Ruth Ireland, FNP-C,
Cassandra Shore, PA-C, Wendy Ridenour, PA-C**

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Katherine Lim Quan, MD and Jill McKenzie, MD

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